

Head Coach Profile

Name:

Eden Parkinson

Qualifications:

LTA Senior Club Coach – Level 4

USPTR Qualified

Other Qualifications:

MSc Sport & Exercise Science

PGCE Physical Education

BA (Hons) Human Movement Studies

Other Sporting Achievements

National League Volleyball Champions Division 4&3 1995/1996 – Leeds Volleyball Club

National Student Cup Volleyball Champions 1996 – Leeds Carnegie

National League Volleyball Champions – Division 4&3 2001/2002 – Tonbridge Volleyball Club.

National Player of the Year National League 3 – 2002

DBS checked:

Yes.

Trained in First Aid:

Yes.

Coaching experience:

16 years.

Current activities:

Fulltime PE/Sports Science Teacher at local secondary school.

Coaching tennis at nights and weekends at Lancaster Tennis Club, comprising of red, orange, green and yellow ball to junior players, as well as adult and wheelchair sessions.

Eden is also available for individual lessons

Biography:

Eden was born in Glossop, Derbyshire, but spent most of his life in Lancaster playing for a number of clubs in the locality. He attended Leeds Carnegie and gained his degree and Master's degree in Sports Science. Whilst at university he coached and played for Carnegie

At the end of his university course, he spent 3 months coaching in the USA, learning and observing numerous coaches and teaching styles. On his return to the UK, Eden settled in Orpington, Kent and taught Sports Science at the local college as well as coaching part-time utilising his USPTR qualification.

Eden was a full-time coach at The Parklangley Club, Beckenham in 2001-2002, but yearned to come home to Lancaster. In 2002 he returned home and completed a PGCE

in Physical Education at Edge Hill University. Since then he has taught at secondary school in the local area. Eden regularly attends courses with the LTA to keep up to date with the very latest coaching methods, as well as observing coaches in both Spain and the Czech Republic.

During his time as a tennis coach, Eden has enjoyed working with a wide variety of players, from complete beginners, through to county players. As head coach at Lancaster Tennis Club he is keen to keep expanding both junior and adult participation levels

Tennis belief

You always want to win. That is why you play tennis, because you love the sport and try to be the best you can at it.

Roger Federer

Further details:

If you would like further details, *please don't hesitate to get in touch with Eden*. See our contact page - <http://www.lancastertennis.co.uk/Contact.html>.